

Willem III corona protocol English summary

The purpose of this document is to explain in English how rowing is possible under corona restrictions and which specific rules and procedures apply to rowing at Willem III under these restrictions.

The assumption is that all Willem III members are aware of and act in conformance with government regulations and recommendations concerning the Covid-19 outbreak. These include directives on travel, social distancing, hygiene, coughing and sneezing and the use of common sense and what (not) to do when you or your housemates display any symptoms.

The complete corona protocol is available in Dutch on the Willem III website. Any questions can be directed to corona@willem3.nl and will be answered by the corona team.

As time goes by restrictions will gradually be lifted or tightened. Any changes in the rules and regulations will be reflected in this document. Make sure you stay informed by regularly checking updated versions.

What is different?

- Willem III is open again for its members. Rowing is allowed, as is visiting the bar, using dressing rooms, the “Kletskamer” and fitness area, be it within limits.
- You must follow the directions of the corona coach. The corona coach is responsible that the rules are followed.
- After entering the gate you must first wash your hands. You must follow the routing indicated by arrows and other signs.
- You are only allowed onto the premises when you have **signed up** beforehand.
- For rowing, the days are divided into time slots of 1.5 hours. Every 30 minutes a new time slot starts and thus the time slots overlap each other. The number of rowers allowed within a time slot is indicated in the corona spreadsheet. If no corona coach is available only five members can use the rowing facilities in a time slot.
- All boat types can be used, including boat types for multiple rowers and cox.
- You need to make your boat reservation online and before arrival. The reservation system at Willem III must not be used. Confirmation of your reservation is not required.
- After rowing you must wash down your boat with water, dry it with your own towel and disinfect the parts you touched with your hands. For privately owned boats or boats with a single user disinfecting is not necessary.
- You must wash your hands again before leaving.

What to do when you want to row?

Before you come to Willem III

1. You must sign up for the time slot you want to row in. You do this in the corona spreadsheet underneath the weather map on the Willem III homepage: **Tijdsblokken reserveringssheet**. Choose the tab corresponding with the day you want to row and fill in your name in the time slot in one of the 'roeier' columns. Do not exceed the maximum number of rowers.
2. You must then make a reservation for a specific boat in the boat reservation system. For this as usual you choose the tab **Afschrijven** at the top of the Willem III homepage. You can make your reservation at the earliest 24 hours in advance.
3. Before leaving home you preferably change into your rowing outfit.
4. You bring a towel.

Arriving at Willem III

1. Please leave your bike outside the gate.
2. After entering the gate you must first wash your hands in the boathouse.
3. Only if really necessary, you can change in the dressing room.
4. You take out your boat and oars from the boathouse.

Returning from rowing

1. You enjoy a lovely row and make sure you return well before the end of your 1.5 hour time slot.
2. When you come back you lift the boat upside down into the slings with the help of someone and wash it down using the hose. Then dry it with your own towel.
3. You then turn over the boat in the slings and disinfect any parts you may have touched with your hands: oarlocks, outriggers, foot plate, screws, sliding seat and such. You also disinfect the oar handles. Disinfectant and cloths or paper are available.
4. The boat and oars are carried inside and returned to the storage racks.
5. You must wash your hands before leaving.
6. Finally, you must leave the premises as soon as possible.

Visiting the gym and the bar

If you want to use the gym or just visit the club -as a coach, for a meeting or some other reason- you have to **sign up** in the same corona spreadsheet. When receiving guests, please remember to sign them up as well. Choose the tab corresponding with the day you want to use the gym/ergs or come for a visit.

The first columns are dedicated to rowers 'roeier', so you have to scroll to the right to find the columns for visitors 'Bezoeker /Coach' and even further to the right to find 'KT' for users of the gym and ergs. For KT one cell means you want to work out for **half** an hour. Want to stay longer? Just fill in multiple cells (vertically).

Wednesday dinner service has its own tab **Eten Woensdagavond** in the corona spreadsheet. If you want to come for dinner, just fill in your name in the column of the appropriate date.

In all cases: please do not exceed the maximum number as indicated in the sheet.

Sanctions

Please follow the rules as summarized above and/or any directions from the corona coach on duty, the members of the corona team or the board.

The board is authorized to impose sanctions after flagrant violations of the corona rules.

- First violation: notification of the board followed by a formal conversation.
- Second violation: formal warning.
- Third violation: denial of rowing for a month.
- After more violations: no more rowing will be allowed.